

H1N1 Influenza - Notice #3

The World Health Organization has declared a pandemic as a result of the spread of H1N1 influenza. At this time this does not significantly change the way we provide care for our consumers.

The symptoms of H1N1 are similar to the symptoms of regular seasonal flu and include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have reported diarrhea and vomiting associated with H1N1 influenza. If you get sick with flu like symptoms, **DO NOT** come to work. Stay home for 7 days after the onset of your symptoms and you feel better and do not have a fever.

If you are working with a consumer with flu like symptoms, wear a mask and ask the consumer to wear a mask if at all possible. Notify your supervisor immediately if your consumer(s) is ill.

If you have any questions please call Christina Churchill, Employee Health Co-ordinator at 519-571-6788